

*The Strategy*

# Conference and Room Hire

The Feel Good Factory, Abercynon Road  
**Mountain Ash, CF45 4XZ**



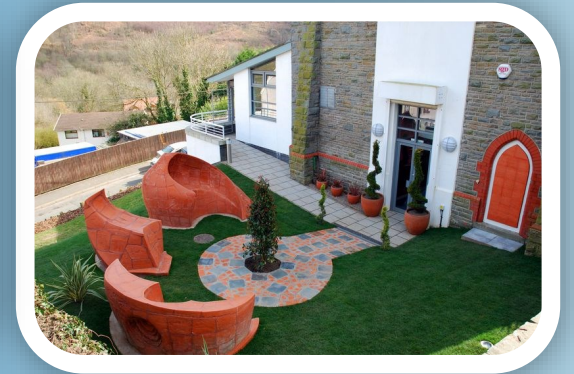
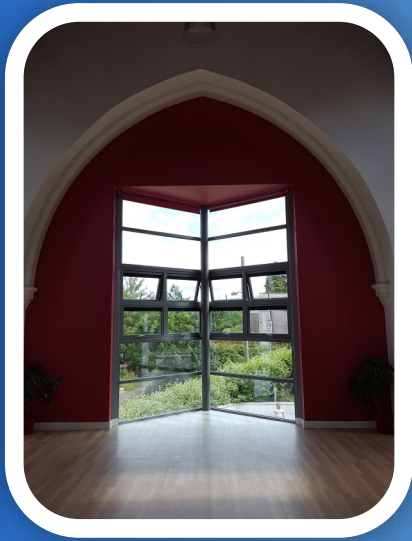
A first class venue providing a relaxed and welcoming environment  
with excellent room hire facilities at affordable prices

01443 475120 [www.bryncynonstrategy.org.uk](http://www.bryncynonstrategy.org.uk)



# Why choose The Feel Good Factory

Our venue has two large rooms and smaller offices available for hire at very competitive prices.



Our venue has excellent views of the mountainside and the benefit of a dedicated team waiting to welcome you. All your catering requirements can be accommodated as we have 'Taffys Cafe' on site. This can offer anything from tea, coffee and biscuits, sandwiches, hot meals or cold buffets to suit all tastes and all budgets.

We have full disabled access and a quiet outdoor space for your enjoyment. Not only will you be getting the best service and facilities on offer in the area but by working with us you will also be helping us in the regeneration of the area and assisting in the sustainability and growth of our Healthy Living Activities.



# Matthewstown Suite

from: £12 per hour

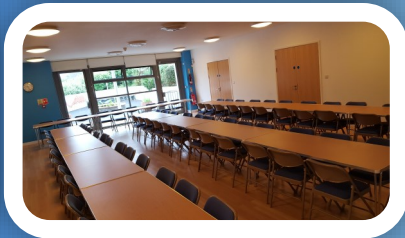
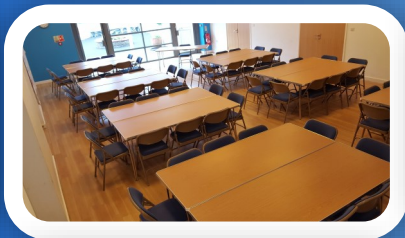
CAPACITY  
UP TO  
**120**

This room is 918sq ft

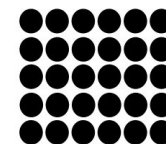
The Largest room in The Feel Good Factory, situated on the lower ground floor.

This room is suitable for audiences up to 120, with easy access to cafe facilities, garden areas, and toilets.

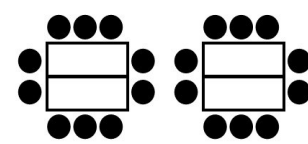
There is a lift on site to allow access to the Lower Ground Floor for Wheelchairs, Prams, etc.



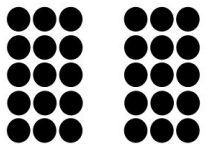
Conference: **120**



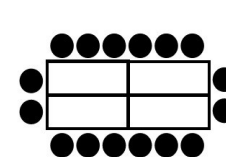
Cabaret Informal: **70**



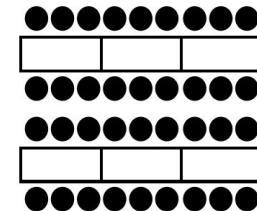
Theatre: **120**



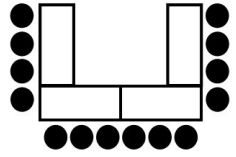
Board Room: **28**



Banquet: **72**



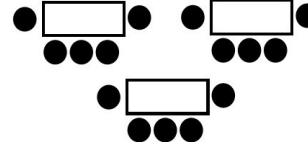
U-Shape: **26**



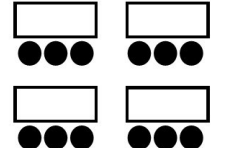
Training: **32**



Cabaret Formal: **60**



Class Room: **54**





# Ynysboeth Suite

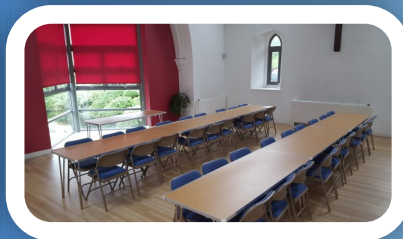
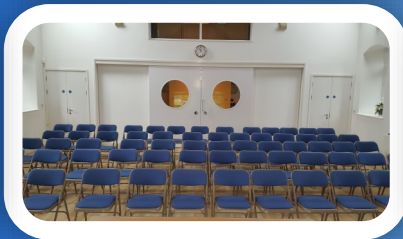
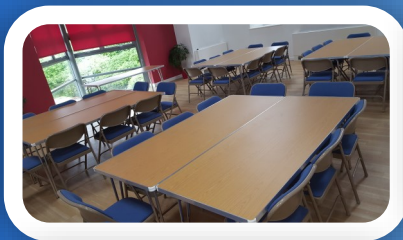
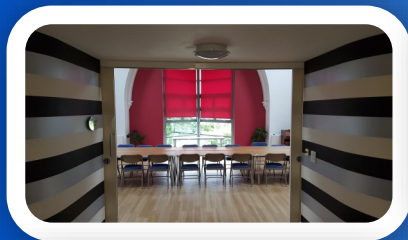
from: £8 per hour

CAPACITY  
UP TO  
**70**

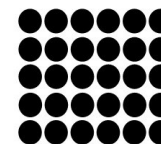
This room is 605sq ft

This room in The Feel Good Factory is situated on the ground floor, making it easily accessible to all.

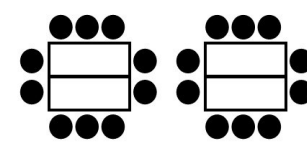
This room is suitable for audiences up to 70 depending on the set up required, it has easy access to cafe facilities, garden areas, and toilets via the stairway or lift.



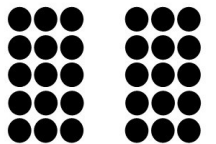
Conference: 70



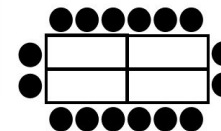
Cabaret Informal: 40



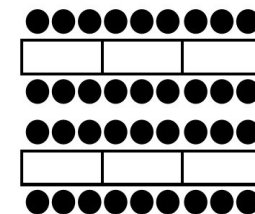
Theatre: 70



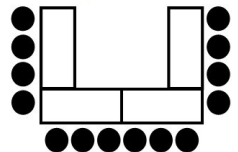
Board Room: 24



Banquet: 54



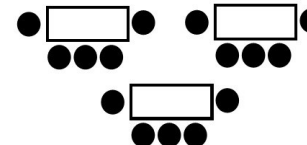
U-Shape: 26



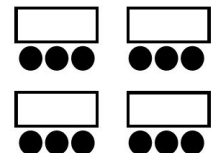
Training: 24



Cabaret Formal: 30



Class Room: 27



## Small Office

This Room is situated on the ground floor, which is street level so easily accessible to all.

Depending on your requirements the room can seat up to 8 people

This room has easy access to cafe facilities, garden areas, and toilets via the stairway or lift.

CAPACITY  
UP TO  
**8**

from: £4 per hour



## Holistic Room

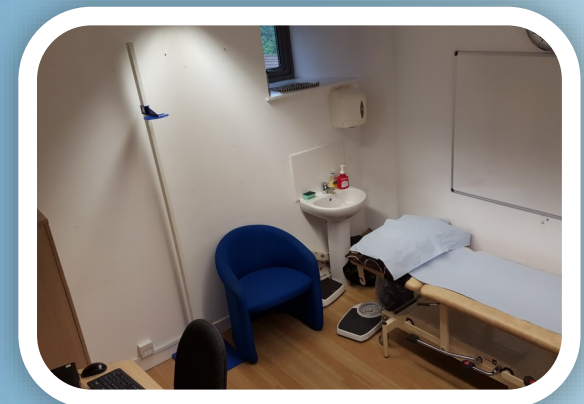
This Room is situated on the ground floor, so easily accessible to all. This room is suitable for one to one meeting space or use for holistic or beautician therapy sessions as it is equipped with a fully adjustable bed.

Depending on your requirements the room can seat up to 8 people

This room has easy access to cafe facilities, garden areas, and toilets via the stairway or lift.

CAPACITY  
UP TO  
**4**

from: £4 per hour

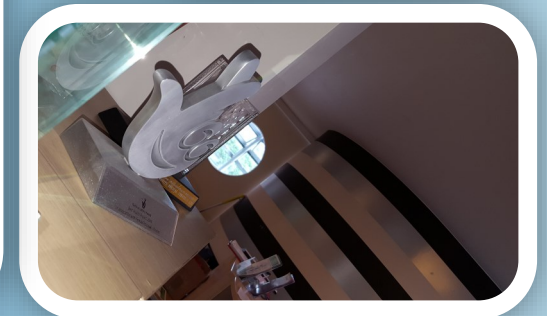
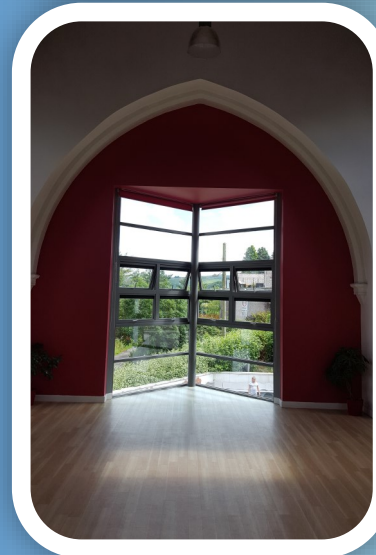
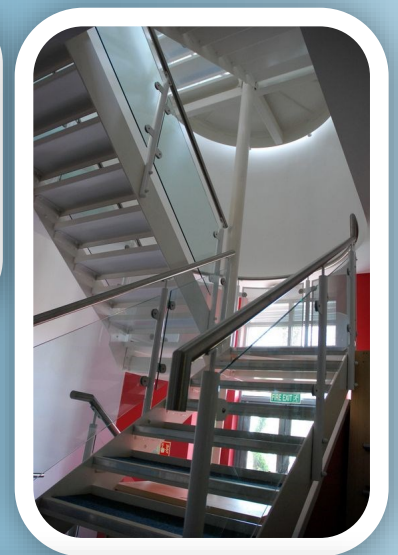


# Extra Facilities

The dedicated, professional team at The Feel Good Factory will ensure that you and your guests are looked after, providing a flexible approach to support your event.

Here are some of the additional items we can provide:

- Wi-Fi - Free
- Laptop - FREE
- Projector - FREE
- Projector Screen - FREE
- Flipchart, Pad & Pens - £5.00
- Additional Pads - £5.00
- Lectern - Free
- PA System - £15.00
- Photocopying Service - from 5p per copy





# TAFFYS

CAFE & CATERING

CAPACITY  
UP TO  
**30**

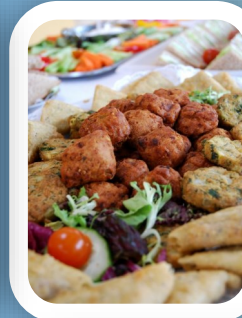


Taffys Cafe & Catering is situated on the Lower Ground floor of The Feel Good Factory, it is open to the public

MON - THU - 8.30am - 3.30pm

FRI - 8.30am - 3.00pm

serving a variety of different meals at very reasonable prices. We can also provide catering for all occasions with various different menu options.



**We would advise large parties to book in advance to avoid disappointment**



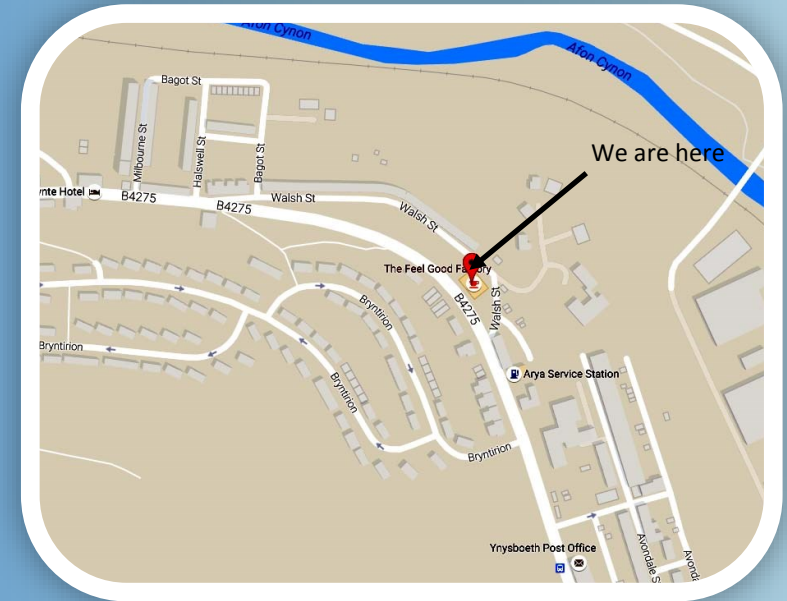
# Where We Are



**The Feel Good Factory**, Abercynon Road,  
Ynysboeth, Mountain Ash, CF45 4XZ

## Finding us:

- **By Road** - Easily Accessible from the A470, less than 20 miles from Cardiff.
- **By Train** - Penrhiwceiber station is a 15 minute walk away.
- **By bus** - There are bus stops within easy walking distance, less than 2 minutes.



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## Contact Us

We operate a very friendly and welcoming environment, call us to discuss your requirements and we will be more than happy to assist with your enquiry.



[hlc@bryncynonstrategy.org.uk](mailto:hlc@bryncynonstrategy.org.uk)



[www.bryncynonstrategy.org.uk](http://www.bryncynonstrategy.org.uk)



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